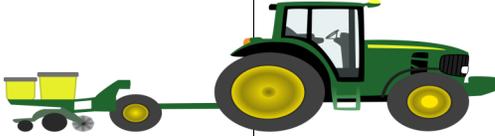


August/September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This institution is an equal opportunity provider. (Garfield-Palouse Schools)</p>			<p>8/28 Breakfast: Waffles*, whipped cream, strawberries</p> <p>Lunch: Chicken Strips*, Hash browns, Dutch Waffles*, bananas, mandarin</p>	<p>8/29 Breakfast: Muffins*, yogurt, pears, juice</p> <p>Lunch: Baked potato, Ham, taco meat, shredded cheese, roll*, Broccoli, chili, tropical fruit, applesauce</p>	<p>8/30 Breakfast: Breakfast sausage sandwich*, mixed fruit</p> <p>Lunch: Chicken Nuggets*, chex mix*, broccoli and cranberry salad, french fries, strawberries and bananas</p>	<p>31</p> 
<p>1 All meals are served with 1% white or non-fat chocolate milk</p> <p>*Whole Grain</p>	<p>2</p> <p style="font-size: 1.2em;">No School Labor Day</p>	<p>3 Breakfast: Cold or hot cereal, toast*, peaches</p> <p>Lunch: Tacos, chicken or beef, shredded cheese, lettuce, tomatoes and salsa, tater rounds, mixed fruit, orange slices</p>	<p>4 Breakfast: Scrambled eggs, toast*, mandarin oranges</p> <p>Lunch: Chili, Cinnamon rolls, green salad, Applesauce, pears</p>	<p>5 Breakfast: Muffins*, yogurt, pears</p> <p>Lunch: Pizza*, cheese, pepperoni, or sausage, tossed salad, cucumber, celery sticks, pineapple, applesauce</p>	<p>6 Breakfast: bagels*, cream cheese, ham (6-12), mixed fruit</p> <p>Lunch: Stick Day—bread sticks*, carrot sticks, celery sticks, potato sticks, apple sticks, mandarin orange sticks</p>	<p>7</p>
<p>8 Alternate lunches starts on 9/09/19</p> <p>Mon-Mini calzones Tues-Salad bar Wed-Baked potato Thurs - Bread sticks w/cheese Fri - Pizza Pocket</p>	<p>9 Breakfast: Omelet, toast*, applesauce</p> <p>Lunch: Popcorn Chicken*, chex mix*, carrot sticks, tater rounds, cucumbers, orange slices, peaches</p>	<p>10 Breakfast: Cold or hot cereal, toast*, peaches</p> <p>Lunch: Super Nachos, taco meat, tortilla chips*, tomatoes and salsa, refried beans, corn, mandarin oranges, pineapple</p>	<p>11 Breakfast: French toast*, mandarin oranges</p> <p>Lunch: Quesadillas - cheese or chicken, salsa, tater rounds, tropical fruit, peaches</p>	<p>12 Breakfast: Muffins*, yogurt, pears</p> <p>Lunch: Breakfast for lunch! Sausage patti, french toast*, hash browns, veggie tray, strawberries, blueberries, and bananas</p>	<p>13 Breakfast: Breakfast sausage sandwich*, mixed fruit</p> <p>Lunch: Chicken fajitas*, salsa, peppers, onions, French fries, peaches, orange slices</p>	<p>14</p>
<p>15</p>	<p>16 Breakfast: Biscuits*, sausage gravy, applesauce</p> <p>Lunch: Hamburger*, lettuce, tomatoes, french fries, mixed fruit, bananas</p>	<p>17 Breakfast: Cold or Hot Cereal, toast*, peaches</p> <p>Lunch: Tacos, chicken or beef, shredded cheese, lettuce, tomatoes and salsa, tater rounds, mixed fruit, orange slices</p>	<p>18 Breakfast: Breakfast burrito, mandarin oranges</p> <p>Lunch: Chicken bunwich*, lettuce, tomato slices, baked beans, applesauce, pears</p>	<p>19 Breakfast: Muffins*, yogurt, pears</p> <p>Lunch: Pizza*, cheese, pepperoni, or sausage, tossed salad, cucumber, celery sticks, pineapple, applesauce</p>	<p>20 Breakfast: bagels*, cream cheese, ham (6-12), mixed fruit</p> <p>Lunch: Corn dogs*, tossed salad, carrots, cucumbers, mixed fruit, orange slices</p>	<p>21</p> 
<p>22</p> 	<p>23 Breakfast: Breakfast on a stick, applesauce</p> <p>Lunch: Hot Dogs*, chili, tossed salad, mixed fruit, apple slices</p>	<p>24 Breakfast: Cold or hot cereal, toast*, peaches</p> <p>Lunch: Super Nachos, taco meat, tortilla chips*, tomatoes and salsa, refried beans, corn, mandarin oranges, pineapple</p>	<p>25 Breakfast: Waffles*, whipped cream, strawberries</p> <p>Lunch: Chicken Strips*, Hash browns, Dutch Waffles*, bananas, mandarin oranges</p>	<p>26 Breakfast: Muffins*, yogurt, pears</p> <p>Lunch: Baked potato, Ham, taco meat, shredded cheese, roll*, Broccoli, chili, tropical fruit, applesauce</p>	<p>27 Breakfast: Breakfast sausage sandwich*, mixed fruit</p> <p>Lunch: Chicken Nuggets*, chex mix*, broccoli and cranberry salad, french fries, strawberries and bananas</p>	<p>28</p>