



# SEPTEMBER 2021

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>This institution is an equal opportunity provider. (Garfield-Palouse Schools)</p>			<p>1 <b>Breakfast:</b> Egg &amp; Cheese breakfast sandwich, fruit <b>Lunch:</b> French toast sticks, hash browns, sausage, mandarin orange jello salad</p>	<p>2 <b>Breakfast:</b> Bagel, cream cheese, fruit <b>Lunch:</b> Walking tacos, refried beans, salsa, corn, fruit</p>	<p>3 <b>Breakfast:</b> Cereal, fruit <b>Lunch:</b> Baked potato bar, roll, steamed cauliflower and broccoli, fruit</p>	<p>4</p>
<p>5 All meals are served with 1% white or non-fat chocolate milk</p>	<p>6 <b>NO SCHOOL LABOR DAY</b></p> 	<p>7 <b>Breakfast:</b> Yogurt, muffin, fruit <b>Lunch:</b> Teriyaki chicken, brown rice, steamed broccoli, fortune cookie, fruit</p>	<p>8 <b>Breakfast:</b> Cereal, pears <b>Lunch:</b> Pepperoni or cheese pizza, carrots, ranch, fruit</p>	<p>9 <b>Breakfast:</b> Ultimate breakfast bar, bananas <b>Lunch:</b> Cheese zombies, tomato basil soup, fruit</p>	<p>10 <b>Breakfast:</b> Yogurt, graham crackers, fruit <b>Lunch:</b> Cheesy chicken quesadillas, refried beans, corn, fruit</p>	<p>11</p>
<p>12</p>	<p>13 <b>Breakfast:</b> Yogurt + granola, fruit <b>Lunch:</b> Chicken penne, caesar salad, fruit</p>	<p>14 <b>Breakfast:</b> Mini pancakes, fruit <b>Lunch:</b> Hamburgers, veggie sticks, fries, ranch, fruit</p>	<p>15 <b>Breakfast:</b> Ultimate breakfast round, fruit <b>Lunch:</b> Artisan alfredo pizza, cucumbers, ranch, fruit</p>	<p>16 <b>Breakfast:</b> Bagel, cream cheese, fruit <b>Lunch:</b> Chicken &amp; a biscuit pot pie, roasted carrots, fruit</p>	<p>17 <b>Breakfast:</b> Cereal, fruit <b>Lunch:</b> Tacos, refried beans, salad, fruit</p>	<p>18</p>
<p>19</p>	<p>20 <b>Breakfast:</b> Yogurt, graham crackers, fruit <b>Lunch:</b> Sweet &amp; sour chicken, brown rice, Asian veggie blend, fortune cookie, fruit</p>	<p>21 <b>Breakfast:</b> Muffin, yogurt, fruit <b>Lunch:</b> Chicken cordon bleu, fries, lettuce/tomato, fruit</p>	<p>22 <b>Breakfast:</b> Ultimate breakfast bar, fruit <b>Lunch:</b> Popcorn chicken bowl, mashed potatoes, corn, gravy, roll, fruit</p>	<p>23 <b>Breakfast:</b> Waffles, syrup, fruit <b>Lunch:</b> Dutch waffle, vanilla yogurt, hash brown, spinach salad, fruit</p>	<p>24 <b>Breakfast:</b> Cereal, fruit <b>Lunch:</b> Super nachos, refried beans, salsa, fruit</p>	<p>25</p>
<p>26</p>	<p>27 <b>Breakfast:</b> Yogurt + granola, fruit <b>Lunch:</b> Chicken parmesan pasta, green salad, fruit</p>	<p>28 <b>Breakfast:</b> Mini pancakes, fruit <b>Lunch:</b> Chicken cheddar wrap, lettuce, tomato, carrots, fruit</p>	<p>29 <b>Breakfast:</b> Ultimate breakfast round, fruit <b>Lunch:</b> Pepperoni or cheese pizza, cucumbers, ranch, fruit</p>	<p>30 <b>Breakfast:</b> Sausage &amp; cheese breakfast sandwich, fruit <b>Lunch:</b> Chicken bunwich, fries, lettuce/tomato, fruit</p>		