

## Positive Parenting Support Group – Pullman



### Positive Parenting Support Group

Families together will offer a monthly support group for families to learn from and support each other. A short lesson will be offered at the beginning of each group session. Childcare will be provided for in person sessions for those who register.

**Location:** Pullman Parks and Recreation Center; **Time:** 6:00 – 7 PM

- October 15<sup>th</sup>** Identifying factors that can help you in parenting  
**November 19<sup>th</sup>** Finding Strengths in your child  
**December 17<sup>th</sup>** Building Strength for caregivers



### Advocacy in Education (504/IEP Support Groups)

This monthly support group is for parents to help them better advocate for the needs of their student. Childcare will be provided for in person sessions for those who register.

**Location:** Pullman Parks and Recreation

Center; **Time:** 2:00-3:00 PM

- October 17<sup>th</sup>** What is an IEP or 504? We will also go over different ways to organize paperwork for you child.  
**November 21<sup>st</sup>** Putting students at the center, setting short and long term goals for your student.  
**December 19<sup>th</sup>** Advocacy through letter writing.

## Cougs Connect – online tutoring

We are again working with WSU to bring you Cougs Connect. Students at WSU will need an average of 80 hours of community service to graduate. We have quite a few education students who are interested in tutoring via zoom. If you would be interested please fill out the form below.

<https://forms.gle/1dCk3DEUeeZcmi979>

## Online Content from our University Volunteers

We are also working with students to provide tutorials and other enrichment activities online. We will be posting those to our youtube channel as the students create them. **If you have any ideas for videos that would be useful for your family please let me know and I will pass that information on.**

<https://www.youtube.com/channel/UCwvN6xZcZbYrHcjD642vNLw/>

You can also check out our photos on Facebook for more ideas of activities around the house.

<https://www.facebook.com/familiestogetherforpeoplewithdisabilities/photos>

## **Individual IEP and 504 Support**

We are also able to help support you as you navigate the new school year. If you need someone to take notes for you at a team meeting, or help you find answers to your questions about your students rights under these two programs we can help.

We will be following all Covid-19 requirements for gatherings for the State of Washington including wellness check at the door, masks and social distancing during our program. In case of facility closure due to Covid-19 the classes will transition to zoom, and childcare will not be provided. **There is no cost to attend the event but you must register. Class will be limited to 8 participants for in person classes. A zoom option will be available to participants who do not wish to participate in person.**

**TO REGISTER for any of the above please contact**

Beth Ficklin: Phone/ Text Message 208-874-7891 or email at [beth@familiestogether.org](mailto:beth@familiestogether.org).