### August/September 2019

<table>
<thead>
<tr>
<th>Sun</th>
<th>Mon</th>
<th>Tue</th>
<th>Wed</th>
<th>Thu</th>
<th>Fri</th>
<th>Sat</th>
</tr>
</thead>
</table>
| 1    | All meals are served with 1% white or non-fat chocolate milk | 2 No School Labor Day                    | 3 **Breakfast:** Cold or hot cereal, toast*, peaches  
*Breakfast for 8/28*  
**Lunch:** Tacos, chicken or beef, shredded cheese, lettuce, tomatoes and salsa, tater rounds, mixed fruit, orange slices | 4 **Breakfast:** Scrambled eggs, toast*, mandarin oranges  
**Lunch:** Chili, Cinnamon rolls, green salad, Applesauce, pears | 5 **Breakfast:** Muffins*, yogurt, pears  
**Lunch:** Pizza*, cheese, pepperoni, or sausage, tossed salad, cucumber, celery sticks, pineapple, applesauce | 6 **Breakfast:** Bagels*, cream cheese, ham (6-12), mixed fruit  
**Lunch:** Chicken fajitas*, salsa, peppers, onions, French fries, peaches, orange slices |
| 8    | **Alternate lunches starts on 9/09/19**  
Mon-Mini calzones  
Tues-Salad bar  
Wed-Baked potato  
Thurs-Bread sticks w cheese  
Fri-Pizza Pocket | 9 **Breakfast:** Omelet, toast*, applesauce  
**Lunch:** Popcorn Chicken*, chex mix*, carrot sticks, tater rounds, cucumbers, orange slices, peaches | 10 **Breakfast:** Cold or hot cereal, toast*, peaches  
**Lunch:** Super Nachos, taco meat, tortilla chips*, tomatoes and salsa, refried beans, corn, mandarin oranges, pineapple | 11 **Breakfast:** French toast*, mandarin oranges  
**Lunch:** Quesadillas - cheese or chicken, salsa, tater rounds, tropical fruit, peaches | 12 **Breakfast:** Muffins*, yogurt, pears  
**Lunch:** Breakfast for lunch! Sausage patti, french toast*, hash browns, veggie tray, strawberries, blueberries, and bananas | 13 **Breakfast:** Breakfast sausage sandwich*, mixed fruit  
**Lunch:** Corn dogs*, tossed salad, carrots, cucumbers, mixed fruit, orange slices | 14 |
| 15   | 16 **Breakfast:** Biscuits*, sausage gravy, applesauce  
**Lunch:** Hamburger*, lettuce, tomatoes, french fries, mixed fruit, bananas | 17 **Breakfast:** Cold or Hot Cereal, toast*, peaches  
**Lunch:** Tacos, chicken or beef, shredded cheese, lettuce, tomatoes and salsa, tater rounds, mixed fruit, orange slices | 18 **Breakfast:** Breakfast burrito, mandarin oranges  
**Lunch:** Chicken burrito*, lettuce, tomato slices, baked beans, applesauce, pears | 19 **Breakfast:** Muffins*, yogurt, pears  
**Lunch:** Pizza*, cheese, pepperoni, or sausage, tossed salad, cucumber, celery sticks, pineapple, applesauce | 20 **Breakfast:** Bagels*, cream cheese, ham (6-12), mixed fruit  
**Lunch:** Corn dogs*, tossed salad, carrots, cucumbers, mixed fruit, orange slices | 21 |
| 22   | 23 **Breakfast:** Breakfast on a stick, applesauce  
**Lunch:** Hot Dogs*, chili, tossed salad, mixed fruit, apple slices | 24 **Breakfast:** Cold or hot cereal, toast*, peaches  
**Lunch:** Super Nachos, taco meat, tortilla chips*, tomatoes and salsa, refried beans, corn, mandarin oranges, pineapple | 25 **Breakfast:** Waffles*, whipped cream, strawberries  
**Lunch:** Chicken Strips*, Hash browns, Dutch Waffles*, bananas, mandarin oranges | 26 **Breakfast:** Muffins*, yogurt, pears  
**Lunch:** Baked potato, Ham, taco meat, shredded cheese, roll*, Broccoli, chili, tropical fruit, applesauce | 27 **Breakfast:** Breakfast sausage sandwich*, mixed fruit  
**Lunch:** Chicken Nuggets*, chex mix*, broccoli and cranberry salad, french fries, strawberries and bananas | 28 |